WOMEN JUMPERS' OLYMPIC LAWSUIT GROWS

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DiCaprio ready to start

family



City gropings, near-abduction raise alarms

INVESTIGATION Police yesterday said they are seeking suspects following a trio of sexual assaults in Ottawa, including one Monday in which a man tried to abduct a woman in the city's west end. Around 8:30 p.m., a

woman walking on Basil MacDonald Way near Grant Carmen Drive was approached from behind and fondled by a man who then grabbed her and told her she was "coming with him," police reported.

The woman turned around and knocked the suspect's arm off her, causing him to run away.

The suspect is described as an unshaven white male, between the ages of 20-30 years. He is six feet tall with an athletic build, curly blond shoulder length hair and he was wearing a black tank top and white running shorts.

Two other incidents occurred around 6:30 p.m. on September 21 and 22. In both cases a male cyclist grabbed the buttocks of female joggers as he passed them on a pathway near the Riverside Hospital.

The suspect in those incidents is described as fivefoot-seven with light brown skin, between 25-35 years old. He was clean-shaven and had a muscular build.

Anyone with information is asked to contact the Ottawa Police at 613-236-1222, ext. 5944

METRO OTTAWA



Leaders of the major political parties pose before the French leaders' debate yesterday in Ottawa. From left to right are NDP Leader Jack Layton, Prime Minister Stephen Harper, Bloc Québécois Leader Gilles Duceppe, Green party Leader Elizabeth May and Liberal party Leader Stephane Dion. Canadians will head to the polls in a federal election Oct. 14.

Rivals pile on PM in first of debates

The mood of the federal debate lightened somewhat last night when each party leader was asked to say something nice about the rival seated to their left.

It put Stéphane Dion, the standard-bearer for Canadi-an unity after the 1995 referendum, in the position of complimenting separatist Gilles Duceppe. Dion said he never questioned Duceppe's sincerity, although he fundamentally disagrees with separatist aims.

Elizabeth May turned to Stephen Harper and said,

"You are a good father and called his children "charming." She also said she believed his efforts as prime minister "are based on your principles" but that she disagreed with the direction in which they would take Canada.

Otherwise, the French language debate last night at Ottawa's National Arts Centre was largely a fouron-one attack against Harper as his rivals attempted to put him on the defensive on matters ranging from the economy, to the arts, to health care and

Let's go again

• The English-language debate goes tonight, also at the NAC.

Afghanistan.

On the key question of the economy, Dion attacked him over his government's spending and tax cuts, saying Conserva-tives have left Canadians vulnerable and facing a credit crunch.

Harper fired back that his government has created jobs

and cut taxes while warning that the big-ticket election platforms of the opposition would cripple the economy. "In the end, we'll have a recession," Harper said.

"You propose, Stéphane to raise taxes with your carbon tax. It's a policy that will destroy the economy at this time," Harper told Dion.

TORSTAR NEWS SERVICES/ METRO OTTAWA

Share**Your**Views ottawaletters@metronews.ca

Arson probed as building burns again

TRACEY TONG
tracev tong@metronews.ca

Celeb

DOWNTOWN Arson investigators were called in yesterday to probe the second suspicious fire in two weeks at a downtown commercial building.

At 5:37 a.m., crews arrived at 275 Bank Street to battle a fire on the top floor of a four-storey building, said Platoon Chief David Stephenson. The fire was limited to the fourth floor and was under control within an hour, unlike the September 15 fire at the same building that caused an esti-mated \$4 million in damages.

"It was multiple sites last time, and this time, it was just the fourth floor and only one spot," said Stephenson.

There was fire damage to several offices and smoke damage to the entire floor, but there were no injuries since the building was vacant at the time.

The three-alarm fire brought 50 firefighters with 14 apparatus to the scene, said Stephenson.

He said the cause of the fire is still undetermined, but that "it's a police matter

Ottawa Police are now working with the Ontario Fire Marshal's office to determine a cause, said Staff Sergeant Leo Janveau.

'We treat every fire as suspicious until a cause has been determined," he said.

The building, which is located on the corner of Bank and Somerset Streets, houses the Bangladesh high commission and a military procurement agency, among other businesses and organizations.

Election 2008 pg 5

- On the Hustings Group filing suit
- against election

Food pg 14

Fennel can surprise you



World page 6

Bailout passes Knitted capes U.S. Senate

Style pg 16

are fall staple



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SUV busts into living room

An SUV crashed into the living room of a Gatineau home after a female driver lost control of the vehicle. The vehicle left the road Tuesday afternoon and smashed through 45 Lessard Road and into an apartment beyond. The apartment was vacant at the time and the 33-year-old driver suffered minor injuries. GATINEAU POLICE

Ottawa



Bus route fixes delayed

Proposed service improvements to OC Transpo routes 2 and 3 are de-layed for a month to give downtown businesses time to develop plans for alternate bus turnaround points. Some businesses had objected to proposed new turnaround points on Waller and Nicholas streets as part of a transit route-splitting plan.

METRO NEWS SERVICES

Rail plan standstill riles

TIM WIECLAWSKI tim.wieclawski@metronews.ca

Frustrated by the apparent

lack of progress on an in-tra-city rail link, a councillor fears the proposal is not being taken seriously.

Kitchissippi councillor Christine Leadman said she'd thought that her council colleague Alex Cullen, the transit chairman, had sent a letter of inquiry to VIA Rail about use of a rail link between the Ottawa and Fallowfield train stations months ago, but learned vesterday that hadn't happened.

"I think it is very obvious today that this is an issue that they are not taking seriously," she said. process that I was led to believe would happen did not happen.

But Cullen said since offering to write the letter, he discovered that discussions between councillor Jan Harder and VIA already existed.

"There is activity and there is a time and place for a letter coming from me, and I just want to make sure it happens at the right time and place," he said.

But Harder, the Bar-

"This is an issue that they are not taking seriously."

Christine Leadman

rhaven councillor, said most of the discussions with VIA have been be-Mayor tween Larry O'Brien, who met with the president of VIA in August, and transit service director Alain Mercier. Harder said there are regulatory obstacles, but if they are overcome a line could be operational by next fall.

"I don't care that a letter hasn't gone off. I care that

going to happen," Harder said "I am frustrated in that I don't think staff are taking it as seriously as it is meant to be, but I don't think a letter from Alex Cullen is going to change that."

Staff plan a meeting with VIA this month to discuss the city's transit plan and the potential Fallowfield connection will be discussed then, said deputy city manager Nancy Schepers.

VIA spokesman Malcolm Andrews declined com-ment on details of any talks between the city and

Cab chits cheaper than empty buses?

TIM WIFCLAWSKI

A taxi coupon program that assists Para Transpo users could also help the city park a few nearly-empty buses that run on some late-night local routes, a councillor says.

The city's taxi coupon program is intended to free up Para Transpo services by having more ambulatory passengers use cabs rather than city vehicles. But councillor Jacques

Legendre said that expanding the program might help Ottawa reduce some sparsely used routes by giving late-night commuters a cab ride instead.

"They would get door-todoor service as part of a contract with OC Transpo, essentially for no additional fee at all. The benefit to us is that we would actual-

ly save money by not having (empty) buses rattling through the neighbor-hood," he said yesterday.

The coupon program has diverted 8,000 trips into taxis. Registered Para Transpo users can purchase \$40 in coupons for \$24 and redeem them for taxi service instead of call-

ing para transit. With the average cost of a Para Transpo trip pegged at \$28, the program's savings work out to slightly more than its budget of \$220,000.

An expanded program for certain times and routes could allow commuters to take taxis home from a transit station when needed, instead of running underused buses in the area. A reverse service, Legendre, said, could bring people from their home to the nearest transit station.

An 'innocent, fragile' butterfly blitz

TRACEY TONG tracey.tong@metronews.ca

Ottawans are invited to share in the magic of butterflies as Carleton University hosts its live butterfly show starting this weekend.

An estimated 10,000 people are expected at the show, which this year features more than 1,000 tropical butterflies of 30 different species

They were shipped in still in their chrysalises from London, England, said Ed Bruggink, the greenhouse manager at Carleton University. "I try to get different species every year because we get repeat visitors," he said. Bruggink, Carleton's

greenhouse manager for 27 years, opened the first show in 1999 after visiting a similar event at Montreal Botanical Gardens.

"Butterflies are innocent, delicate, fragile and unique creatures. And they're an indication if something is wrong in the

Did you know?

- There are approximately 170,000 species of butter flies and moths.
- While moths are fatter and hairier, butterflies tend to be more colourful for survival reasons.

world, environmentally."

The tropical butterflies featured in the show have a life span of about three weeks But for that time. they're living in paradise as they fly free in the Nesbitt Biology Building's greenhouse.

Jaclyn Bowen said the show is an ideal introduction to butterfly species from around the world. "This is a great way for people to develop appreciation and have a better understanding of insects, said Bowen, a third-year PhD student.

Admission for the butterfly show is by voluntary donation. The show is open from 9 a.m. to 4 p.m. from Saturday through Thanksgiving Monday.



A butterfly pays PhD student Jaclyn Bowen an unexpected visit at Carleton University's greenhouse yesterday. The university's annual live butterfly show starts on Saturday and runs through Thanksgiving Monday.

Drug sweep nets dealers

BUST Pharmacies and clinics may see an increase in patients seeking narcotics after a blitz on crack dealers in the ByWard Market area resulted in 65 arrests, the city's police chief says.

"Many people who are dealing with drug addiction cannot access drugs through their regular source," said Chief Vern White.

As part of Project Angler, 64 adults and one young offender were arrested. A total of 232 Criminal Code charges were laid for trafficking controlled substances, possession of proceeds of crime, breaching conditions on existing charges, and others.

TIM WIECLAWSKI / METRO OTTAWA

metr@news.ca What's online today.

Watch election reports on Quebecers who have set up a site featuring anti-Harper testimonials and on Tony Clement's hopes of improving on his 2006 28-vote win at www.metronews.ca/canada **Search** for jobs using Metro's Workopolis search Play online Sudoku!

Lotteries

Lotto 6/49 2, 8, 22, 29, 34 & 48. Bonus 47. Ontario 49 7, 9, 21, 25, 42 & 47. Bonus 27. Ontario Pick 3 260 Ontario Pick 4 3804 8807633 Encore Daily Keno 4, 5, 6, 10, 16, 23, 26, 29, 32, 33,

34, 46, 48, 49, 51, 60, 61, 64, 67, 68. These results are not official.



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Muslims gather at Civic Centre to celebrate Eid

Yesterday marked Eid, the end of Ramadan. Ottawa's 50,000-strong Muslim community spent the last month fasting during the day. CTVOTTAWA.CA

Candidates pledge help for housing at shelter

TRACEY TONG

Local candidates from four parties pledged to help Ottawa's homeless through increased funding and supportive housing if elected.

Six candidates, including Liberal Mauril Belanger, New Democrats Paul Dewar and Trevor Hache, Green Party candidates Akbar Manoussi and Frances Manoussi and Frances Coates, and Canadian Action Party candidate Michel St. Onge had lunch yesterday with clients at the Shep-herds of Good Hope before making their pledges to the Alliance to End Homeless-

Belanger said the Liberals want to "tackle the root causes of poverty," as well as reduce homelessness in adults and children.

It was the kind of response Shepherds of Good Hope executive director Paul Soucie hoped to hear as the shelter struggles to meet demand.

"Last night, we had 30 people sleep on the floor in the chapel and in the dining room because there was no room at the inn," Soucie

The underlying reason for homelessness is simple, he said. "The cost of housing is too high and their incomes are too low.

The NDP candidates positioned their party's plan to address the "affordable housing crisis" as most ef-

"The country's shelters need sustained funding and more affordable housing," said Dewar.

The NDP would put more money into supportive housing and ensure money given to people in need at one level isn't taken away at another level, he said.

Election 2008

News in brief

BUST Ottawa police are being tight-lipped about their role in helping their Alberta counterparts investigate Ottawa-based gangs operating in Calgary. A Calgary sting netted guns, drugs and cash and resulted in 250 charges, with police saying 34 people charged are affiliated with Ottawa-based gangs. Last month, city police assisted with a Calgary investigation after Abdullah Hussein, a known Ottawa gang member, was shot and killed at a reggae par-CTVOTTAWA.CA

Riding profile: Ottawa-Orleans

14 federal election, Metro Ottawa will offer snapshots of local riding races. Today: Ottawa-Orleans.

The Ottawa-Orleans riding covers the east part of the city, mostly outside the Greenbelt. Its boundaries are Highway 417 on the west and south, the Ottawa River to the north. and Boundary and Trim

Election 2008

roads to the east. The riding has a population of 110,000 with 82,891 registered voters

Although English is the prevalent language, around 30 per cent of the population list French as their first language.

METRO OTTAWA



Royal Galipeau AGE: 61 **PARTY:** Conservative

POSITION: Incumbent MP. He has represented the riding since 2006.

SIGNIFICANT ISSUE: Transit, environment The Conservative government has

already promised secured funding of

\$200 million to support the overall Ottawa Transit Plan. I support increasing funding beyond this amount. We have also taken the lead on environmental stewardship and introduced a plan to reduce, by 20 per cent, greenhouse gas emissions by 2020 and cut air pollution in half by 2015, as well as creating a \$2-billion ecoENERGY Initiative, a \$1.5 billion trust for clean air and climate, and a \$300-million Chemicals Management Plan.



Mark Godbout Liberal AGE: 57 PARTY: Liberal POSITION: Represented the riding from 2004 to 2006. SIGNIFICANT ISSUE: Transportation and federal jobs.

"People want light rail from Trim Road to downtown, not Blair Station. They want Highway 174 fixed because it's a parking lot. We need federal buildings in this riding because we want our fair share of federal activity and we're not getting it. We have the highest percentage of civil servants living in Orleans, and when you are contemplating moving federal buildings you should look where your employees live. Child care is also a big issue. We also have lots of young families who have to put their name on a waiting list for day-care spaces."



Amy O'Dell **PARTY: New Democratic** POSITION: A teacher and employment ccounsellor with the Orleans youth services bureau. **SIGNIFICANT ISSUE: Transit.**"We need to make transit attractive

and affordable to people because most commuters are relying on their vehicles and traffic is just a mess out there during rush hour. The NDP has announced that one cent per litre of the gas tax would be devoted to public transit, so we need to make sure that goes to improving public transit and making sure municipalities can afford to run public transit, because right now the prices just keep rising



Paul Maillet PARTY: Green **POSITION: Retired Air Force colonel, gov**ernment consultant. **SIGNIFICANT ISSUE: Support for families.** "The business of Ottawa Orleans is

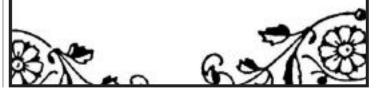
families, and so there are three issues that go with that. There is quality of life — health, education and security. The next issue is transportation. We are a riding that lives here and works elsewhere and there is a growing traffic problem. Finally there are jobs. We would like to look at bringing in some residentfriendly jobs for Orleans.'



The Bank street location is continuing its liquidation sale.

All ladies' and girls' clothing is now 50% off including new arrivals.

Everything is on sale from 30% to 70% off.



Judge urges probe into deaths

The Ontario commissioner who probed mistakes in 20 child-death investigations is concerned that wrongful convictions may have occurred in other cases and is urging the province to take a second look at myriad child deaths dating back 20 years. TORSTAR NEWS SERVICE

Canada



St. John's comes home

HMCS St. John's returned to Halifax yesterday after completing its involvement in Operation Horatio, a relief effort in Haiti which delivered more than 450 metric tons of rice, corn-soya meal, bottled water, water purification tablets and other relief supplies over a 13-day period. The ship's Sea King helicopter delivered more than 300 cargo loads.

Couillard's tell-all latest Tory trouble

BERNIER Prime Minister
Stephen Harper, already on
the defensive amid charges
of plagiarism, faced the
prospect of fresh
embarrassment yesterday
over a new book that paints
an unflattering portrait of
former for

Resigned eign affairs

minister Bernier re-Maxime signed in May Bernier. after admitting In the book, Julie Couillard, he had left secret documents in Couil-Bernier's apartgirlfriend, ment. says the

minister was not concerned over the possible Quebec secession and was opposed to sending Canadian troops to Afghanistan.

The book will hit shelves in Quebec next Monday and is likely to draw voter attention.

REUTERS

VANOC lawsuit grows

Female ski jumpers add first Canadian to Olympic suit

KRISTEN THOMPSON Metro Canada

The list of female ski jumpers suing VANOC for barring them from competing in the 2010 Games became a little longer yesterday when the first active Canadian jumper added her name to the suit.

Zoya Lynch, 17, and nine jumpers from the United States, Europe and one retired Canadian, allege VANOC is violating Canada's Charter of Rights by not letting their sport, for which there is a men's component, into the Olympics.

VANOC has maintained

VANOC has maintained that the suit is aimed at the wrong target and that it's



Ski jumper Zoya Lynch, 17, with her lawyer Ross Clark outside the B.C. Court of Appeals in Vancouver yesterday.

up to the International Olympic Committee to make this decision.

Lynch, who has been jumping since she was eight, said she's lost faith in VANOC and the Canadian government.

"It's hard to focus on school and being an elite athlete as well as trying to get my sport into the Olympics," she said.

"I don't want to stand on the sidelines watching the boys. I put every single sec-

Reasoning

• VANOC and the IOC say there aren't enough elite female jumpers internationally to justify the sport's addition to the 2010 roster.

ond of my life into this."

Lynch's mother, Sarah Lynch, said she raised her daughter to believe that her gender would never stand in the way of her dreams and goals.

"Women have been brought up to believe they can do anything they like," she said. "We want these Olympics to be the best Olympics ever, and to be the first gender-equal Olympics in history."

Ontario puts a price on fairness

MCGUINTY The cost of fairness for Ontario is \$11.8 billion.

So says Premier Dalton McGuinty, who yesterday revealed how much he'd like to shrink the gap between what Ontarians send to Ottawa and is returned in federal services and transfer payments.

Armed with a report by TD Bank chief economist Don Drummond, the premier said, "If we had \$11.8 billion here, right now, we wouldn't be talking about a struggling economy." TORSTAR NEWS SERVICE

News in brief

HALIFAX Nova Scotia's auditor general says the RCMP should investigate irregularities uncovered in an audit of the province's controversial immigration mentorship program.

CBC NEWS ONLINE

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Afternoon Classes: Monday to Friday, 12:30 pm to 3:30 pm (French as a second language) Levels 2,4

DATES: October 14 to November 7, 2008 November 17 to December 12, 2008

FEES: Subsidized Students: Immigrants, new Canadians, and Refugees whose first language is neither French nor English, Online licence fee of \$30 per level Non-subsidized Students: English speaking Canadians, out of province residents and visa holders, Online licence fee of \$30 per level + \$200 for the course

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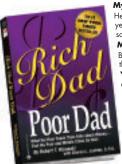






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Election 2008

Angst at ballot box | Watchdog to file motion against w

Poll shows Canadians leery of handing Tories a majority



mong the blizzard of polls appearing every day of this campaign, the most intriguing most may be this one: 52 per cent of Canadians worry about giving the Conservatives a majority.

They appear to be concerned about handing the government carte blanche, four or five years of unfettered, unchecked govern-

In other words, the Conservatives unbound. Stephen Harper unplugged. Any leader's fantasy.

If this kind of anxiety exists in Canada, it's because

52 per cent of Canadians think the Conservatives would surprise or anger them with what they would do with a majority. That might mean cutting funding to the CBC or revisiting the legalization of abortion or the ban on capital punishment, which social conservatives dislike.

But if the second part of this poll is correct, this concern doesn't mean much. Asked whether they would change their vote to stop a Conservative majority, 81 per cent said no.

Apparently, then, the prospect of a Conservative majority doesn't disturb Canadians as much as it did in 2006, when the Conservatives were held to a minority, or in 2004, when they lost. Both times the Liberals argued that the Conservatives had "a secret agenda" and couldn't be trusted with a majority. Their "fear-mongering" seemed to have



Now, if it is true that half of Canadians "worry" about a majority but four-fifths would do nothing to prevent it — such as strategic voting — the dynamic of this campaign may have decisively shifted.

This may explain why the Conservatives began the campaign predicting that they would win only a minority, reluctant to raise the prospect of a majority. Worried about driving fright-ened voters to the Liberals, they sought to lower expectations, hoping that a polarized electorate would deliver their majority on Oct. 14. But they're less shy now. If Harper is wary of using the "M" word too much, he

is unafraid to ask for a stronger "mandate" to free his government from the scrutiny of those left-of-centre parties in Parliament. He has reason to be confi-

dent. While no polls show him winning more than 40 per cent of the vote, the level usually necessary for a majority in Parliament, he remains at least 10 points ahead of the Liberals.

Fundamentally, Canadians may not like Stephen Harper, and they may not trust him with a majority, which is why he can't crack 40 per cent. But in dutifully distributing their votes among a fractured four-party opposition, they may give him his wish anyway.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

motion against vote

Elections Act

An amendment to the

Canada Elections Act stating

each general election must

be held on the third Mon-

day of October every four years became law in May

2007. And promises of fixed

election dates were a major

part of the Conservative's

2006 election platform.

The current federal election is illegal because Prime Minister Stephen

Harper broke his own fixed election date, a group advocating gov-ernment accountability will argue in federal court this morning.

Democracy Watch is filing a motion before a federal judge in

Ottawa asking the court to hear its arguments that the election is illegal because the prime minister asked Governor General to dissolve Parliament and call an election before October 2009, the date the election should have been held as set down in the Canada Elections Act.



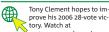
Peter Rosenthal, a lawyer for Democracy Watch, will be submitting comments

from key figures in the Conservative government that the intention of the fixed election date law is to prevent the prime minister from asking the Governor General dissolve Parliament

unless it loses a non-confidence vote. "The House wasn't even sitting when the prime minister advised her," said Rosenthal.

TORSTAR NEWS SERVICE

davs remain until the 2008 Canadian federal election



On October 2nd hear what the other parties didn't want you to.



Be sure to watch Elizabeth May in the National Televised Debates.

Canada needs you to listen, deliberate and voice your opinions more than ever before. Democracy only works when everyone is involved. Vote for yourself. Vote for Canada. VOTE FOR TOMORROW.





Get geared up for debate night, visit: greenparty.ca/debate

U.S. mail carriers to bring drugs in anthrax attack

Government mail carriers would deliver emergency supplies of antibiotics to people in U.S. cities in the case of an anthrax attack, U.S. Department of Health and Human Services officials said yesterday, REUTERS

World



Adventurer's ID discovered

Hikers in a remote area of California have found clothing and aviation identification cards belonging to millionaire adventurer Steve Fossett, presumed dead after his plane went missing a year ago, police said yesterday. Fossett's family was monitoring developments as authorities in the area where the items were found rushed to set up a command post to search for wreckage of his plane.

121 arrested in child porn raid

6

CRIME Spanish police have arrested 121 people in the country's biggest child pornography raid, seizing equipment containing millions of images, including some of the suspects' own family members, the Interior Ministry said yesterday.

Working in co-operation with police in Brazil, 800 Spanish police raided 210 homes across the country to smash a network swapping files, the ministry said in a news release.

Court won't budge on rape execution

RULING The U.S. Supreme Court rejected yesterday a request by Louisiana and the Bush administration to revisit its recent ruling that outlawed the death penalty for those convicted of raping a child.

The state and the Justice Department had asked the high court to take the rare step of reconsidering its decision because they neglected to tell the court that Congress in 2006 had made child rape a capital offence under U.S. military law.

Russia spends big to replace losses

FUNDING Russian Prime Minister Vladimir Putin said yesterday the government would allot an extra 80 billion roubles (\$3.13 billion US) next year to buy new weapons and partly offset Moscow's losses during a brief war in Georgia.

The figure gives a clue as to how much the August conflict may have cost Russia's budget coffers.

News in brief

REUTERS

Bailout clears Senate hurdle

\$700 billion Wall Street aid package now heads back to U.S. House

A \$700 billion US financial industry bailout was approved by the Senate last night and headed back to the U.S. House where leaders, stung by a rejection that rocked markets Monday, were cautiously optimistic it would pass in coming

days.
"We are working very hard to see if we can pass a plan that will stabilize our economy," House Majority Leader Steny Hoyer said before the Senate overwhelmingly passed the

The Maryland Democrat said he expected the House to take up the bill tomorrow and that he thought some of the changes made in the Senate would help attract more Republicans.

"We need 100 Republican votes to pass this. We didn't get them on Mon-day. Hopefully the Republican leadership will be able to get their members to support it this time around," Hover said.

The Senate voted 74-25 for the legislation after adding a \$150-billion pack-

Bush piling on pressure

 President George W. Bush, while expressing confidence in the bill's fate this time around, pressed his case, warning law-

age of tax breaks for businesses and alternative energy development. The package also includes alternative minimum tax relief for some 24 million mostly middle-class taxpayers.

Following the vote, Senate Majority Leader Harry Reid, a Nevada Democrat,

makers the measure was needed "so as to stabilize this (economic) situation so that it doesn't aet worse.'

told reporters he expected the House to approve the bill

Senate leaders hope that sweetening the bailout plan with tax breaks and a provision to increase bank deposit insurance \$250,000 from \$100,000 will help win more Republican support in the

House, which rejected the bailout in a stunning 228-205 defeat on Monday.

But the Senate move ruffled some House Democrats who had voted for the bailout plan, including Charles Rangel, who heads the tax-writing House Ways and Means Committee. The House had passed its own version of the package that extends a number of expired and expiring tax breaks and, unlike the Senate, included revenue-raising more measures to cover the cost to the Treasury.

Birthday Gandhi fondly remembered



Children dressed as Indian spiritual and political leader Mahatma Gandhi pose on the eve of the 139th anniversary of his birth yesterday in the northern city of Lucknow. Gandhi's birthday is a national holiday in India and is recognized by the UN as the International Day of Non-Violence.



France denies plan for huge EU rescue package

HEALTH Computer software designed to look for breast tumours can read mammograms nearly as well as an extra pair of human eyes, according to a study published vesterday that could change the way the Xrays are read.

ECONOMICS French Economy Minister Christine Lagarde denied yesterday that France was planning a 300 billion euro (\$424.4 billion US) EU bank rescue package.

Earlier yesterday, a European Union government source had said that France was planning to propose the EU rescue package for

Asked about the report, Lagarde said: "There is no such thing. There is nothing of the sort."

Speaking later to the

BBC, Lagarde again denied any bailout plan, but said she wanted a level playing field among EU countries when it came to accounting rules, as well as tighter regulation of hedge funds and credit ratings agencies.

Study pushes origin of AIDS back to 1908

HEALTH The deadly AIDS virus first began spreading among humans at the turn of the 20th century in sub-Saharan Africa, just as modern cities were emerging in the region, U.S. researchers said yesterday.

The finding pushes back the origin of the human immunodeficiency virus (HIV) by several decades, they reported in the journal Nature.

Researchers think the growth of cities - and high-risk behaviour associated with urban life - may have helped the virus to flourish. There is no cure for AIDS, which is most commonly transmitted through sexual contact.

Prior estimates put the origin of HIV at 1930. But Michael Worobey of the University of Arizona in Tucson now believes HIV began infecting humans between 1884 and 1924.

The research is based on 48-year-old gene fragments dug from a wax-embedded lymph node from a woman in Kinshasa in the Democratic Republic of Congo, formerly Zaire.

Proof is in the...

 Research from chimpanzee droppings suggests the virus first spread from chimps to humans in southeastern Cameroon. University of Arizona researcher Michael Worobey thinks the disease spread slowly among the local population until one of the infected people went to Kinshasa, where it had more opportunity to spread.

The 1960 sample is the second-oldest genetic sequence of HIV-1 group M, the main strain of the virus responsible for the AIDS pandemic.

The oldest sequence came from a 1959 blood sample given by a man in Kinshasa, formerly known as Leopoldville.

"Once you have two you can line them up and compare them," Worobey said in a telephone interview.

"Once you do that, you see these two sequences are very different. That means the virus had already been there for a long time, even by 1959 or 1960."



General Electric Co. plans to raise \$15 billion US through stock sales — including a \$3-billion US preferred stake for Warren Buffett that follows his Goldman Sachs investment last week - to improve liquidity and increase acquisition options. **REUTERS**

DOLLAR Business C\$ \$94.16 US 0.19¢ US\$ \$1.0620

Canada's auto industry sputtering

Canada's sputtering auto industry faces more serious trouble as sales in its key U.S. market continue plunging.

conditions change, there will be a lot of blood on the floor here very Gerald Fedchun, soon." president of the Automotive Parts Manufacturers' Association, warned last night after seeing the latest gloomy U.S. sales numbers.

Canada exports more than 80 per cent of its vehicle production and 60 per cent of parts output to the U.S., where sales declines are worsening each month.

In September, U.S. auto sales crashed 27 per cent or more than 350,000 vehicles to 965,160 from the same month last year. Sales south of the border are down almost 13 per cent in the first three quarters of the year.

The steep declines overshadowed an improvement in the Canadian market.

"If conditions don't change soon, there will be a lot of blood on the floor."

Gerald Fedchun

Sales climbed 1.7 per cent or about 2,300 to 134,131 vehicles last month.

But in the U.S., their losses were far worse. Ford's sales tumbled 34 per cent last month; Chrysler's down 33 per cent; Toyota's slid 32.3 per cent; Honda's dropped 24 per cent and GM's fell 15.6 per cent. All five automakers operate assembly plants in Canada.

When there are no customers and no production, substantial layoffs have to come," said Fedchun.

Furthermore, credit restrictions have turned into a bigger obstacle for consumers buying vehicles, noted one industry analyst.

TORSTAR NEWS SERVICE

Financial crisis Russian crunch



Alexei Ulyukayev, first deputy head of the Russian central bank, attends a business conference in Moscow yesterday. The global financial crisis will last another 15 months and external debt financing in that period will be difficult, "if not impossible," the first deputy head of the Russian central bank said.

Water bottle deposit planned

WATER Amid consumer and municipality pressure to reduce litter and promote recycling, Canadian bottled water supplier Canadian Springs says it will voluntarily introduce a refundable, half-litre plastic bottle.

The company will start collecting a 25 cent deposit on all 500 ml bottles as of Jan. 1. It says the depositfor-refund system is the best way to reduce waste.

But rival companies say funding the Blue Box recycling program works just TORSTAR NEWS SERVICE

Wireless wannabe immune to crisis

wireless Despite the impact the financial crisis is having on companies' abilities to secure financing, Anthony Lacavera, the CEO of Globalive Communications Corp., says his company's bid to become the country's fourth national wireless player is right on track.

He says Globalive will not be delaying its deployment plan for mid-2009, since its \$700-million US in backing comes from Egypt's experienced wireless provider Orascom Tele-TORSTAR NEWS SERVICE

Business in brief

FINE The European Commission fined nine petrochemicals companies a total of \$955 million US yesterday for forming a "paraffin mafia" to fix prices for paraffin wax, which is used to make a wide range of household and industrial products.

MARKETS IBM shares tumbled 6 per cent yesterday, their biggest drop in three years, on concern the computer services company's results missed analysts' targets in the quarter that ended Sept 30. The results will be announced Oct. 16. REUTERS

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- Oct. 7, 2008, Feb. 24, 2009, and April 7, 2009 Best Western Fireside Inn. 1217 Princess Street, Kingston
- Oct. 8, 2008 CJ's Banquet Hall, 803 Chelsea Street, Brockville
- Oct. 9, 2008, Feb. 26, 2009, and April 8, 2009 Ottawa Catholic School Board (Board Room), 570 West Hunt

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8 business

British manufacturing sector shrinks at fastest rate on record

Britain's manufacturing sector shrank last month as levels of output, new orders and employment saw unprecedented declines.

It fuelled talk that Britain is headed into a recession and that the Bank of England will cut interest rates next week. REUTERS

First Nations blockades halt pipeline construction

Enbridge Inc. said yesterday native blockades in Saskatchewan have forced the company to halt most construction on its \$3 billion Alberta Clipper pipeline project.

First Nations bands in Saskatchewan blockaded construction of the line, which will carry 450,000 barrels of oil sands crude from Hardisty, Alta., to Superior, Wis., in two locations: just outside the provincial capital of Regina and near Kerrobert, in western Saskatchewan.

"These demonstrations have restricted access to our heavy equipment coming and going from staging "We are working very hard in discussions with the First Nations to get this resolved as quickly as possible."

Glenn Herchak, Enbridge spokesman

sites," said Glenn Herchak, a spokesman for Enbridge, Canada's No. 2 pipeline firm "We are working very hard in discussions with the First Nations to get this resolved as quickly as oossible

The blockade near Regina has been in place since Sunday, while Kerrobert was blocked a day later.

Light work is still going on along the pipeline's right of way. Herchak said the First

Herchak said the First Nations aboriginal groups are looking for greater access to contracts to provide goods and services for the line's construction. The blockading groups could not be immediately reached for comment.

Construction on the Alberta Clipper line began in August and it is slated to be in service by the middle of 2010.

Has Adoption Touched Your Life?

visit www.ontario.ca/adoptioninfo

If you were involved in an adoption in Ontario, you need to know about an important change to your information and privacy rights.

Effective June 1, 2009, Ontario adoption records will be opened. This means adopted adults and birth parents will be given access to identifying information from birth records and adoption orders.

If the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto to prevent the release of the information.

If you want your identifying information to be kept private, you should file a disclosure veto before June 1, 2009.

No contact notices are also available.

To learn more about your rights to information and privacy regarding adoption, visit www.ontario.ca/adoptioninfo or call 1-800-461-2156 (TTY 416-325-3408).

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Hollywood studios nail new cinema screen deal

FILM Five Hollywood studios have reached a long-sought financing deal estimated at over \$1 billion US with a group of theatre exhibitors to digitally upgrade 20,000 U.S. and Canadian cinema screens.

Travis Reid, chief executive officer of the Digital Cinema Implementation Partners (DCIP), formed by Regal Entertainment Group, Cinemark Holdings Inc and AMC Entertainment Inc, told Reuters that Blackstone Group LP and JPMorgan Chase & Co. would lead the financing.

Studios involved in the deal include Walt Disney Co., Viacom Inc.'s Paramount Pictures, News Corp.'s Twentieth Century Fox, General Electric Co.'s Universal Pictures and Lions Gate Entertainment Corp.

"Our initial goal is to convert the existing theatres of our owners, AMC and Cinemark, and Regal, which operate a little over 14,000 screens in the U.S. and Canada," Reid said, noting he expected an additional 6,000 screens could also be converted during the upgrade, which begins in 2009 and will take 3 to 3-1/2 years.

It costs around \$70,000 US to outfit a screen with digital projectors, he said.

projectors, he said.

Going digital

Digital cinema offers a potential solution to declining movie attendance at a lower ongoing cost. The industry is hoping the long-sought digital cinema deal will boost attendance, cut costs and enable more 3-D viewing.

In **brief**

VENTURES A venture capitalist trade group says the sector is struggling to find takers for their companies in the third quarter, as the financial crisis makes investors jittery and established companies cautious about buying start-ups. REUTERS

The Sacramento Kings named the recently-retired Shareef Abdur-Rahim as an assistant coach yesterday. A 12-year NBA veteran, most currently with the Sacramento Kings, he announced his retirement due to a reoccurring knee injury. METRO NEWS SERVICES



Sports



Henry held on drug charges

yesterday after a multi-kilogram cocaine transaction that pending the filing of federal drug charges in U.S. District Court in

Hamels mangles Brewers | Balsillie no targetting

Phillies 3 Brewers 1

Cole Hamels hurled eight shutout innings as Philadelphia downed Milwaukee, 3-1, in Game 1 of their National League Division Series at Citizens Bank Park.

Hamels (1-0) used great location and a dominating change-up to keep an undisciplined Brewers lineup off-balance throughout. He allowed just two hits and one walk while striking out nine batters. The left-hander retired the first 14 batters he faced before Corey Hart lined a clean single to right with two outs in the fifth inning.

"Obviously his power changeup is as good as there is in baseball from any left-hander," Brewers manager Dave Sveum said. "And he had a pretty decent breaking ball, even though he didn't throw it a lot, but it's probably the best breaking ball we've seen in a while from what



Cole Hamels of the Philadelphia Phillies delivers in Game 1 of the NLDS Playoff against the Milwaukee Brewers at Citizens Bank Ballpark yesterday in Philadelphia.

we've seen in our scouting reports and stuff. But, I mean, that changeup is as good as I've seen before and obviously he had everything working today.

Phillies closer Brad Lidge struggled mightily in the ninth, however, and surrendered a run before allowing the tying runs to second and third reach with two outs.

The flame-thrower then fanned Hart to end the

Dodgers 7 Cubs 2

James Loney clubbed a two-out grand slam in the fifth inning and Manny Ramirez homered in the seventh as the Los Angeles

Dodgers beat the Chicago Cubs 7-2 in the opener of their National League Division Series. Russell Martin, who grew

up in Chelsea, Que., also hit a solo shot in the ninth for the Dodgers, who took advantage of eight walks, including three in the decisive fifth inning, to post their second playoff victory (2-12) since winning the 1988 World Series. Casey Blake added an RBI single in the eighth.

Ryan Dempster, of Gibsons, B.C., (0-1) was charged with seven of the walks, as he yielded four hits and four runs in 4% innings for the Cubs. It's been 100 years since they last won a World Series title. They were swept in the first round of the 2007 playoffs by Arizona. Dempster came into the contest with a 14-3 mark at Wrigley Field this year, the most since Ferguson Jenkins of Chatham, Ont., set a club record of 15 in 1967. METRO NEWS SERVICES

Balsillie not Predators

NHL Media reports that Canadian businessman Jim Balsillie — who has long sought an additional NHL franchise for southern Ontario - is again attempting to buy all or

part of the Nashville Predators appear to be premature. Reports surfaced this week

that Balsil-

lie, the cofounder of Waterloo-based Research In Motion Ltd., was close to either purchasing the Predators outright or making a bid for the 27 per cent share of the team which is in the hands of a bankruptcy court. That share was held by William (Boots) Del Baggio, who filed for bankruptcy early this year, and is listed in court documents as being worth about \$25 million.

But sources vesterday indicated that linking Balsillie's name to the Predators in any ownership capacity at this time is misleading.

METRO NEWS SERVICES

iverpool remain undefeated

Robbie Keane scored his first goal for Liverpool as Rafael Benitez's men completed a comfortable 3-1 win over PSV Eindhoven at Anfield in the Champions League yester-

Dirk Kuyt opened the scoring after 4 minutes before Keane struck his first goal in his ninth start for Liverpool by converting a Fernando Torres cross in the 34th

Steven Gerrard blasted home from a second half free-kick to net his 100th goal in Liverpool colours and give Benitez victory in his 250th game in charge of the Reds. The win keeps Liverpool undefeated in league and cup play this season.

Barcelona substitute Lionel Messi scored two late goals, including one in stoppage time, to lead 2006 winners to a 2-1 victory at Shakhtar Donetsk yesterday

Last season's runners-up Chelsea were held to a 0-0 draw at surprise packages CFR Cluj. Didier Drogba was carried off on a stretcher midway through the game after colliding awkwardly with a defend-

Atletico Madrid, beat Olympique Marseille 2-1. Anorthosis Famagusta got a 3-1 home win over Panathinaikos. AS Roma beat Girondins Bordeaux 3-1. Inter Milan and Werder Bremen tied 1-1. Sporting Lisdon beat Basel REUTERS



Liverpool's Steven Gerrard celebrates after scoring during their Champions League soccer match against PSV Eindhoven at Anfield in Liverpool, yesterday.

Sports in brief

NBA The San Antonio Spurs will reportedly have to play without guard Manu Ginobili until December, and possibly

NFL Arizona Cardinals wide receiver Anguan Boldin sat out practice yesterday and is unsure when he will return to the gridiron after sustaining a sinus fracture in Sunday's game.

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10 sports

Flvers ink draft pick

The Philadelphia Flyers signed defenceman Luca Sbisa to an entry-level contract yesterday. Sbisa was the 19th overall selection in the 2008 draft. METRO NEWS SERVICES

Ovechkin to slump: Cherry



marty.york@metronews.ca

He was the NHL's top scorer and MVP last season, but expect Alexander Ovechkin to be as electrifying, efficient or effective this season.

That, at least, is the advice of CBC's Don Cherry, who offered his prediction for the Washington Capitals superstar yesterday while he and other television analysts previewed the coming NHL season in a conference call with media types.

"I'd be surprised if (Ovechkin) does as well as he did last year," Cherry

"He was doing things he

Expansion

Don Cherry on the NHL's future expansion plans into Europe: "I can't see them drawing (spectators) over there and I can't seem them charging the big ticket prices to pay for players' salaries."

ting into the middle and .. he was getting away with it. He won't get away with it this year. (Opponents) will

be waiting for him this year. "I'm not knocking him ... But I was asked if he's going to have a better year and I'm just saying he won't have as good a year."

Ovechkin wasn't Cherry's only target yesterday. He ripped into the Vancouver Canucks as well.

"I hate to say it because I think (Vancouver's) Roberto Luongo is the best goalie in the world, but I don't think the Canucks have added any firepower," Cherry said.

dogfight to make the play-

And Cherry also questioned the Canucks' decision to name Luongo as their captain.

"If he's a leader, he'll be a leader, but he doesn't have to be the captain," Cherry said. "It shouldn't be a goalie. It's silly as far as I'm concerned."

Mike Milbury of CBC and NBC quickly agreed with Cherry about Luongo's ap-pointment.

Milbury also suggested the Pittsburgh Penguins, Stanley Cup finalists last season, will be heading downhill this season.

"Pittsburgh lost a lot of glue on their roster," he said. "I think they're going to struggle ... The Penguins have some hills to climb ... I'm also not as sold on (goalie Marc-Andre) Fleury as they seem to be.

Milbury's strangest com-

a writer asked the analysts to speak about their mothers' influences in their hockey careers in connection with all the hockey-mom talk these days in the United States, where vice-presidential candidate Sarah Palin publicly described herself as 'a hockey mom."

Analyst Ed Olczyk went down memory lane about how his mother would tie his skates and provide him with endless support, but Milbury wasn't sappy at all, saying:

"Don't get me wrong, I loved my mom dearly. She's not with us any more. But all I ever heard from her was, 'You have to hustle more' ... All I got from her, besides genetics, was aggravation.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

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AMERICAN LEAGUE AMERICAN LEAGUE
DIVISIONAL SERIES PLAYOFFS
BEST OF FIVE
L.A. Angels vs. Boston
YESTERDAY'S GAME
Boston at L.A. Angels TOMORROW'S GAME Boston at L.A. Angels, 9:37 SUNDAY'S GAME L.A. Angels at Boston, TBA Tampa Bay vs. Chicago W. Sox

TODAY'S GAME Chicago at Tampa Bay, 2:37 TOMORROW'S GAME Chicago at Tampa Bay, 6:07 SUNDAY'S GAME Tampa Bay at Chicago, TBA NATIONAL LEAGUE DIVISIONAL SERIES PLAYOFFS

BEST OF FIVE Chicago Cubs vs. L.A. Dodgers

L.A. Dodgers at Chicago Cubs, 9:37 SATURDAY'S GAME Chicago Cubs at L.A. Dodgers, 10:07 (L.A. Dodgers leads series 1-0) Philadelphia vs. Milwaukee YESTERDAY'S RESULT Philadelphia 3 Milwaukee 1

TONIGHT'S GAME Milwaukee at Philadelphia, 6:07 SATURDAY'S GAME
Philadelphia at Milwaukee, 6:37
(Philadelphia leads series 1-0)

W L T PTS 9 4 0 18 Calgary Saskatchewan (x - clinched playoff spot)

FRIDAY'S GAMES
B.C. at Toronto, 7
Calgary at Saskatchewan, 10 SATURDAY'S GAMES Montreal at Hamilton, 4 Winnipeg at Edmonton, 7

WEEK 5 SUNDAY'S GAMES Chicago at Detroit, 1

San Diego at Miami, 1

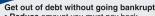
Indianapolis at Houston, 1 Kansas City at Carolina, 1 Washington at Philadelphia, 1 Tampa Bay at Denver, 4:05 Cincinnati at Dallas, 4:15 Buffalo at Arizona, 4:15 New England at San Francisco

4:15 Pittsburgh at Jacksonville, 8:15 MONDAY'S GAME Minnesota at New Orleans, 8:30

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We're getting Net savvy

Canadians now spend an average of 17 hours a week on the Internet, according to the Canadian Internet Project. METRO NEWS SERVICES

11

Tech Now



Software helps detect cancer

Consumer demand swamping ISPs



n recent weeks, there's been an interesting combination of studies, ad campaigns and company announcements regarding the state of our Internet delivery system.

It all begs the question: Does our system have the right stuff to keep us in the global competition game, where Net speed is a key factor?

Consider the following. First, the Canadian Internet Project's annual survey of Internet use finds we are

among the heaviest users of the Net in the world, and that 54 per cent of all homes now have high-speed Internet. But that still leaves a lot of people in dial-up-hell or unable to

Secondly, a study by London's Oxford Said Business School and Spain's Oviedo University placed Canada 27th out of 42 nations for

having an Inter-

net system that's

get Internet service.

countries including

and

mand.



ready to handle rising de-

Cisco Systems sponsored

the study and looked at the

actual speed of Internet service being delivered. The

study established a standard

for up- and download speeds

Third, you may have heavy recent weeks from they

Cisco Systems sponsored an Internet-speed study.

Canada — failed to meet the standard.

In addition, the study said the current system barely handles demand, and lays the blame squarely on a lack of investment by the big carriers, like Bell and Rogers.

seen the ad campaign in Rogers claiming have the fastest and

most reli

they've spent a billion dollars in the first half of this year on system upgrades. The latest purchase was Nortel equipment that will increase system capacity four fold in key corridors such as Toronto-Montreal. However, a spokesperson says this will not change Bell's position that they

able Internet service. The

study looked only at Toron-

to, but Rogers claims that

the results can be extend-

ed to every city they serve. Phil Hartling, Rogers VP,

tells me that consumers do

realize the importance of

Net speed and total use of

the network has quadru-

pled in the past three

years. He says they're spending about \$100 mil-

lion to improve the system

Fourth, Bell tells me

over the next year.

have to limit heavy users at peak times of the day and that means between 8

p.m. and midnight.

This so-called "throt-tling" of the network is done by both Bell and Rogers, who say that if they didn't do it, the majority of their users would see the service slow down.

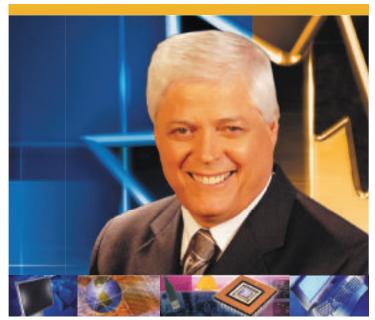
Critics say the carriers simply have to spend more money to boost capacity.

PAUL'S WEBSITE OF THE WEEK:

cipic.ca/en/intro.htm The Canadian Internet Project released its annual look at how we use the net and links to the World Internet Project.

This Sunday one of the stories on Tech Now is a profile of Roy Mlakar, Ottawa's CEO of the year.

Be sure to watch Tech Now this Sunday as part of the CTV NEWS at 6 p.m.



TECH NOW

WITH PAUL BRENT

Sundays 6:00 OTTAWA'S NEWS LEADER





Metro Homes

Tackling indoor air pollutants

Don't settle for dirty air this winter

Home**Scape**



his winter, your indoor air quality could really stink. In fact, it may be several times worse than outdoor pollution on a bad day.

Please don't be offended — it's not just you. Indoor air in the average Canadian house is often poor in the winter for the simple reason that we like to seal up our homes at this time of year.

While this conserves energy, which is good, it can also leave us in a warm stew of indoor haze. And we tend to spend a lot more time indoors in the winter, so exposure to these indoor pollutants is higher.

And believe me, we all have indoor pollution to some degree. It includes things like floating dust and the various ingredients of dust; tiny airborne spores from mould and mildew; carbon monoxide, nitrogen dioxide and various other byproducts of combustion from furnaces and gas stoves; tiny particles of soot from cooking; and off-gassing of formaldehyde and volatile organic com-



If you've suffered from water damage or persistent dampness, you may find that you have mould or mildew growing in walls or above ceiling tiles.

(VOCs) from some types of plywood and particleboard found in cabinetry as well as from paints, glues, solvents and some wall-tro-

wall carpeting. While dust, dead human skin cells, spores, byproducts of cooking and various

"The best way to reduce dirty indoor air is control it at the source."

other types of the airborne detritus that surrounds us are a fact of life, stagnant or dirty indoor air can lead to health problems.

The severity of the reaction depends on the sensitivity of the person, but for most people, excessively dusty or dirty air can cause or aggravate coughing, wheezing and shortness of breath.

It can even worsen or trigger allergic reactions. And improperly ventilated air can bring on headaches, dizziness, fatigue, and eye, nose and throat irritation.

But there's no need to despair. While effective filtering and ventilation is one part of the solution, the best way to reduce dirty indoor air is to control it at the source.

Excess moisture is one source of indoor air pollution. Mould and mildew grow in damp places, where they produce tiny airborne spores that are easily inhaled.

Discoloured floors, walls, window panes, curtains, carpets or a persistent musty odour are sure signs of dampness.

Visible mould can be washed away with soap and water, increased ventilation can help dry out damp areas and air clean-

ers can help get rid of tiny spores in the air. But if structural problems are leading to mould and mildew in the first place, you may have to rectify those issues.

For example, if you've got a leaky roof, a musty-smelling basement, window condensation or water pooling around window sills, or inadequate or non-existent bathroom, laundry and kitchen fans to vent moisture, you may need to fix the problem.

And remember that not all mould is obvious. If you've suffered from water damage or persistent dampness, you may find you have mould or mildew growing in walls or above ceiling tiles.

Dust is another culprit, not so much because your mother-in-law will disapprovingly run her finger across your dusty china cabinet, but because household dust can contain nasty airborne stuff, such as dust mites and their wastes.

The remedy is tedious but necessary — regular vacuuming of floors and upholstery and dusting of surfaces.

Since mites adore dead human skin cells, washing bed linens and mattress and pillow covers every week is a good plan.

Look for other sources of indoor air pollution in next week's column.

Sylvia Putz is a journalist with an interest in home decor and design. She has written extensively for the TV show Arresting Design.



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stylish and functional space for both cooking and cleaning. NEWS CANADA

Bright colours among this season's hottest trends

For those planning to update their homes or who are undergoing a major renovation, here are some of the hot emerging home trends for this season, according to Anita Griffin, Canadian marketing brand manager for Hansgrohe:

THE TRADITIONAL OR MODERN BATHROOM

Two extremes characterize the current trend in bathroom décor - old-world traditional or ultra-modern minimalism. Bring the romantic, majestic look of yesteryear to the bathroom with elaborate fixtures and accessories that feature the benefits of today's modern technology, such as the Ax-Montreux bathroom faucet or a claw foot tub. Alternatively, pick up on the highly modern décor trend in the bathroom by adding pieces with simple details and a polished look. The Axor Citterio M showerhead is the ultimate sleek, European piece for a contemporary bathroom.

COLOUR IN THE BEDROOM

Whether it's on the wall or in the bed linens, bright, saturated colours are key in today's bedrooms. Decorative, intense patterns on bed linens are both visually stimulating and exotic, while bold colours on the wall showcase your dramatic and daring personality. For a unique take on colour, consider a wall tat-

Reno returns

Home renovation can sometimes be costly. But there are a variety of cost-effective renovations that can improve the comfort and value of your home, even if you're on a budget.

The Appraisal Institute of Canada has developed REN-OVA, a web-based guide that provides homeowners with the average return on investment for a number of home renovations. By entering the cost of a particular project, homeowners can find the percentage of initial investment that they can expect to get back.

According to RENOVA, the following renovations have high payback ranges:

- Bathroom renovation (75-100 per cent)
- Kitchen renovation (75-100 per cent)
- Exterior or interior paint (50-100 per cent)
- Window/door replacement (50-75 per cent)
- Recreation room project (50-75 per cent)
- Basement renovation (50-75 per cent)

For more, go to aicanada.ca/renova. NEWS CANADA too. This is an easy way to add drama to your space.

CHANGING FURNITURE IN THE LIVING ROOM

As the way we use our home evolves, so does our furniture. The hottest trend in furniture design is change: Pieces that can disappear when not in use or

change their function quickly and easily. Chairs that can be stored in the closet until guests drop by are ideal. Coffee tables that expand and grow are the ultimate in convenience. And items with ample built-in storage help keep your living space neat and clutter-free.

TEXTURE IN THE KITCHEN

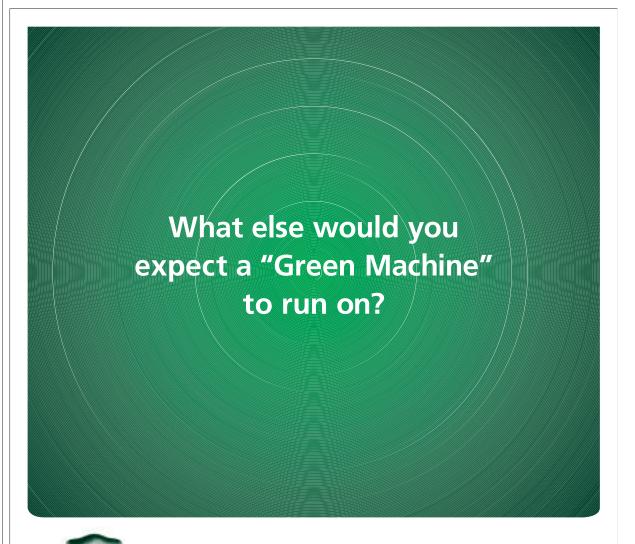
This season, the kitchen is about mixing textures, shapes and materials. Consider combining a rounded island with cabinets featuring harder, solid lines. Merge natural wood cabinets that showcase your green lifestyle with the modern flair of

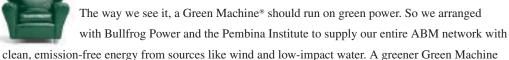
On your table, try showcasing your eclectic style with mixed pateclectic terns and colours in your tableware.

NEWS CANADA

Putting bright colours in the bedroom, whether it's on the wall or in the linens, is key.







is just one of the steps we're taking to reduce our impact on the environment.







14 lifestyle

Low in calories, fennel is a very good source of dietary fibre, vitamin C, folate, potassium and manganese; and a good source of niacin, calcium, iron, magnesium, phosphorus and copper. METRO NEWS SERVICES



"The fronds should be fresh and green — avoid flowering ones as that indicates age."

Barb Holland/for Metro Canada



Pick of the crop

and unblemished.

can't believe it's not celery



Looking like a misshapen head of celery, fennel, sometimes labelled anise, has a mild and slightly sweet taste reminiscent of licorice. The greener the

fennel base, the stronger the flavour, however the flavour is muted when cooked. Use it raw like celery to toss in a salad or serve fennel sticks with a dip. It can be grilled, roasted. sautéed, braised or steamed.

Provençal Style Fish Chowder

This healthy yet hearty soup can be stirred up quickly. Save some of the feathery fronds as a garbit more fennel flavour. If fish is frozen, cut while frozen and increase cooking time a minute or two. Serve with crusty bread. Makes about 7 cups (1.75 L). 4 servings.

INGREDIENTS:

- 1 small fennel bulb
- 1 tbsp (15 mL) olive oil · 1 clove garlic, minced
- 19 oz (540 mL) can Italian seasoned stewed tomatoes
- 1-1/2 cups (375 mL) fish

- 1 tbsp (15 mL) Italian seasonings
- 1/2 tsp (2 mL) red pepper flakes, optional
- 1 lb (500 g) mild white fish (catfish, pollock, tilapia, cod, haddock), thawed if frozen, cut into 1 inch (2.5 cm) pieces
- Salt and pepper **METHOD:**

Trim fennel by cutting off the skinny stalks and fronds. Remove any dry or fibrous outer stalks of fennel base. Cut base into quarters, remove and discard core, then chop re-

maining fennel.
Heat oil in a large saucepan over medium heat. Add fennel and garlic and cook until fennel is softened, about 5 minutes. Stir in tomatoes (breaking



The greener the fennel base, the stronger the flavour.

up any large pieces), broth, seasonings and red pepper flakes. Bring to a boil over high heat. Stir in fish and cook until fish is cooked through, about 5 minutes.

To serve, garnish with

chopped up fennel tops and season to taste with salt and pepper.

Barb Holland is a professional home onomist and food writer who believes in shopping locally and in season.

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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication treatment for depression. The purpose of the study is to further our knowledge about the treatment of depression. Treatment duration is approximately 8 weeks and includes a physical exam, blood tests and a psychiatric interview. A 52 week extension of continuing treatment will be offered to those completing the study and eligible for extension. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.

I am feeling sad and depressed.

I am having difficult sleeping.

I am feeling low in energy and slowed down.

My appetite has changed. ■

I am experiencing feelings of auilt.

I have lost interest in work and pleasurable activities.

I feel hopeless about the future.

I feel tense and anxious.

I am having difficulty making decisions.

I am having trouble concentrating.



Ottawa Psychopharmocology Clinic **Smyth Medical Centre**

If you have answered YES to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time (24 hours), leave your name and phone number on our confidential voice mail:

(613) 737-5454 ext. 225

All information is kept in strictest confidence. Research programs are reviewed by an ethics review board.

Doing your double German duty

the September/October issue of DRAFT magazine for beer enthusiasts offers two simple recipes to turn any beer bash into an authentic German soiree. The following Oktoberfest recipes can be found in DRAFT magazine, which offered Metro this little taste: Soft Pretzels with Honey **Mustard Sauce**

INGREDIENTS:

Soft Pretzels Ingredients:

- 1 package of active dry
- 5 cups flour
- 1 1/3 cup warm water 1/8 cup warm water
- 1/3 cup brown sugar
- Water, baking soda
- Sea salt

Honey Mustard Dip Ingredients:

- 5 ounces crème fraiche
- 3 tbsp. German honey

Soft Pretzels with Honey Mustard Sauce.

- 2 tbsp. German mustard Salt and sugar to taste METHOD:
- **Soft Pretzels Directions:**

Dissolve yeast in 1/8 cup warm water. Stir in 1 1/3 cups warm water, brown sugar and flour. Beat until smooth. Knead dough until smooth and elastic.

Heat oven to 475 de-

grees.In a saucepan, add 2 tablespoons baking soda to each cup of water. Use enough to fill the saucepan; bring to a boil.

Tear off some dough and roll a pencil shape with your hands. Pick up both ends, cross to form rabbit ears and then twist the ends and pull them back

to the rest of the loop. Place twisted pretzels in water/baking soda mixture for 15 seconds until pretzel dough is golden or yellow in color. Remove pretzels from boiling water and place onto a salted cookie sheet.

Dust the top of pretzels with sea salt. Bake 8 to 10 minutes or until pretzels are golden brown

Honey Mustard Dip Directions:

Stir crème fraiche, honey and mustard until creamy. Add sugar and salt to

Cherry, Quark and **Pumpernickel Trifle**

INGREDIENTS:

taste

- 1 large jar German cherries in juice
- 2 slices German pumpernickel
- 2 250-gram tubs quark (German yogurt cheese available at specialty food stores)
- 2/3 cup milk
- 2 ounces German dark
- 3 tbsp. sugar
- 1 tsp. vanilla extract



Cherry, Quark and Pumpernickel Trifle.

METHOD:

Beat together quark, milk, vanilla and sugar until smooth.

Using a food processor, reduce the pumpernickel to fine crumbs. Finely grate the chocolate and mix with the pumpernickel crumbs.

Drain the cherries well.

Make layers in 6 wine glasses: Place cherries at the bottom, top with a spoonful of quark, then scatter a spoonful of pumpernickel. Repeat layers, finishing with a quark layer. Top with cherries and pumpernickel crumbs.

Chill overnight and serve

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16

Queen's dressmaker to appoint administrator

Hardy Amies, the fashion house that dressed Britain's Queen Elizabeth for more than 30 years, plans to file for administration after failing to find new sources of funding, though it added that talks continue. REUTERS

Stvle



The appeal of fig

Loyal Marc Jacobs consumers should check out his newest limited edition eau de toilette for men called Marc Jacobs Fig. Encompassing some of the core notes of his original fragrances, this 300 ml tonic offers a refreshing, lighter formula. Top notes include fresh yuzu zest and Tuscan cypress while the heart of it reveals the warm richness of the delicate fruit it's named after. Available at Holt Renfrew stores across Canada, \$60. METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO AMETRONEWS.CA

Cape couture for fall



ask kim

I bought a leather hand bag from a vintage store and it has a distinctive odour to it that I want to get rid of. I love the bag and its design what can I do to get rid of the smell?

Try dampening a cloth with vinegar and wipe the inside and outside of your bag with the cloth or submerge the bag into a solution of warm water and baking soda. Both of these methods should completely eliminate the unwanted odour. - about.com

E-mail your style questions to kim.elbo@metronews. ca.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



Buttoned Designer: Costa Blanca Shop: Costa Blanca Address: Various Locations costablanca.ca

Draped Designer: n/a Shop: Aritzia Address: Various Locations aritzia.com



Simple Designer: Hunter Shop: Hills Address: 2125 West 41st Ave. hillsofkerrisdale.com

Designer: Kersch Shop: Fine Finds Address: 1014 Mainland St. finefindsboutique.com



Designer: Ilse Jacobsen Shop: Gravity Pope Address: 2205 West 4th Ave. aravitypope.com

cape town

Throw on a knitted cape for a chic causal look. This is one major accessory staple that should be added to your fall wardrobe collection. If you like the cape look for off-season, I'd suggest purchasing a light neutral colour that can take you from fall into spring. The Aritzia cape is perfect for this as it's a light knit and it's cropped. Tip: Try to strictly wear your cape with a pant; anything else, like an a-line skirt, runs the risk of turning your outfit into a funny-looking two-tiered dress.

accessory

seen this fall. Pair with a simple navy dress or a white T-shirt. De-signed by Alexis Bittar. Available a Blue Ruby, blueruby.com



wellingtons

As the days get cooler and wetter, rubber rain boots are the shoe of choice for many. Also known as wellingtons or wellies, theses boots became popular among adults years ago when major designers like Pucci, Betsy Johnson and Burberry stamped their signature logos and graphic styles on them. This season wellies have gone back to the basics with colourblocked styles and simple details of buckles and laces.

Paid a small fortune on that designer bag you're carrying? Well if you get caught in a downpour it's going to get wet so cover it up with Rain Couture. Rain Couture is a collection of small waterproof bags that help protect your purse from the rain. - crazyforthat.com



Tweed

Designer: Joe Fresh Shop: Superstore

Address: Various Locations

Hole Socks are the latest invention from two New York-based designers. They are sold at SANS (sans.name).

Holey socks make a creative foot statement

Times have changed since our grandmothers darned their holey socks to save a few bucks. Now, people are buying holey socks to save a few trees.

Hole Socks, the invention of two New Yorkbased designers, are an attempt to create a unique statement for the feet.

"There were no options

for women in the sock department," says Alessandro DeVito, who co-founded SANS with Lika Volkova. "Even if you go really highend, where it's \$100 a pair, it's still boring. We wanted to do something different.'

Fashioning the socks (\$28 to \$30 U.S.) from soft organic cotton, the pair aim to create sustainable

fashion. Though they don't claim these socks to be totally eco-friendly (the cotten is made in the U.S., then shipped to Switzer-land to be made into yarn, then shipped back to North America) they offset the impact of the socks by partnering with Trees For The Future (treesftf.org) to plant a tree for every pair.

Volkova suggests slip-ping the socks over tights in winter for a surprising fashion effect, or wearing them solo in summer.

"They can make shoes more exciting," she says. The socks are available in four styles and five online colours

sans.name.

TORSTAR NEWS SERVICE



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lifestyle **17**



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Model presents creation by British designer John Galliano as part of French fashion house Dior Spring/Summer 2009 show.

Paris fashion shows defy gloomy world climate

PARIS France's ready-towear spring and summer shows began in earnest on Monday with Christian Dior's collection, as the world of fashion flew in the face of an increasingly ominous world environment.

Dior's show at the Tuileries gardens marked the start of the main part of the industry showpiece after the annual spring-summer shows began at the weekend with collections from a clutch of younger designers.

designers.

"Tribal chic. Studded. Belted. Degrade," read the notes to Dior designer John Galliano's show in which he sent a parade of teenaged models in diaphonous party dresses stalking down the catwalk to a pulsing rock beat.

"It's very young, transparent, light and quite sober," actress Marisa Berenson told Reuters Television after the show. "There were some wonderful mixtures of colours as he always does but I liked the lightness and the transparency."

Around 100 designers will be showing collections over the coming week, sending models, stylists, reporters and fashionistas racing around the French capital, seemingly oblivious to turbulence menacing the global economy.

As bank regulators and government leaders in Washington and Europe struggle to control a global financial crisis that has brought low some of the biggest names in banking and threatens the global economy, the industry was looking on the bright side.

18

The CW is developing a one-hour drama based on the pre-Robin days of Batman's sidekick. The Graysons will explore Dick "DJ" Grayson's youth and adolescence in the same vein Smallville does for Clark Kent. TVGUIDE.COM

Entertainment

Back to Black

Actor Jack Black is reuniting with Glenn Berger, for an untitled live action action comedy, according to a report. BBC NEWS ONLINE

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA ●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

T.I. tears up Paper Trai

Label: Grand Hustle/Warner

CLIFFORD HAR RIS (T.I.) has packed a lot trouble contra-



dictions into his 28 years. Alimony troubles. drugs charges, weapons charges, assault charges ... and yet he's also done his share of charity work (not all of it court ordered). He's a warts-andall type of guy, and it shows on Paper Trail. T.I. dishes openly about his life, which also includes its share of generic sex and party jams. Several tracks shine: My Life Your Entertainment with Usher is a perceptive, catchy analysis Album**Reviews** music@metronews.ca

of celebrity. Swagga Like Us with Jay-Z, Kanye West, Lil' Wayne and M.I.A. sample is menacing and mesmerizing. John Legend, featured on Slide Show, adds much-needed Warmth. Jim Reyno/Metro Canada

Ben Folds

Album: Way To Normal Label: Epic/Sony BMG Rating: 🕮 🕮 🕮

IF YOU REMEM-BER the Ben Folds Five '97 ditty Song For The Dumped, here's



what you'd call nearly an entire album for the dumped. North Carolina's with all the exuberance of his days with the aforementioned trio, delivering his relationship-gone-south fare in either cinematic bittersweet or raw-and-direct fashion. Balanced with wacky odes to a concert head injury and a beloved pooch, this is the sound of Ben Folds succeeding in returning to normal.

Ian Nathanson/for Metro Canada

James Morrison

Album: Songs For You, Truths For Me Label: Interscope /Polydor/Universall

THE KIDS SEEM to be rediscovering the sound of Ste-Wonder,



which is probably a good thing. It certainly saves Morrison's CD from being tossed on a heap entitled 'This Year's James Blunt.' So the Brit-pop cutie pie funks it up on a dozen original tracks by Morrison and a bunch of hired co-writers. If you want to try something closer to the real thing try a new CD by Raphael Saadiq, The Way I See It. He's even got Wonder playing harmonica on it.

Graham Rockingham/for Metro Ca

Robin Thicke

Album: Something Else Label: Interscope/Universal

THE GROWING PAINS Robin Thicke — son of Canadian actor Alan — experienced when he released his debut



in 2003 are long gone; his new album of but

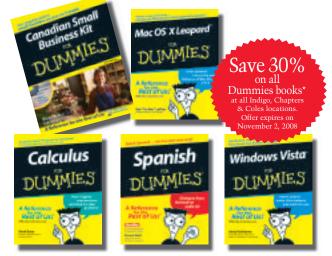
catchy R&B is sure to be a hit. Something Else is filled with easy listening, Marvin Gaye-like tunes, and while the music isn't for rhythm and blues aficionados, it's infectious enough to get plenty of ra-

dio play. The best songs are the more upbeat ones such as the '70s sounding Magic, while the worst are the cheesy slow tracks like the too cool Ms. Harmony.

Bryan Borzykowski/for Metro Canada

albums from 54.40, Jenny Lewis and more at metronews.ca/music

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Bollywood on strike

Production in India's Bollywood film and TV industry has ground to a halt after thousands of technicians and actors walked out in a strike over lack of pay and conditions. IMDB.COM



entertainment 19



Ari Graynor, centre, stars with Michael Cera and Kat Dennings in Nick and Norah's Infinite Playlist.

Drunk sidekick steals the film

RICK McGINNIS Metro Canada

While the title characters played by Michael Cera and Kat Dennings are the stars of Nick and Nora's Infinite Playlist, audiences leaving the Toronto International Film Festival screenings of the film were unanimous that Ari Graynor almost stole the film from them in every scene she played as Caroline, Norah's best friend, who spent the majority of her screen time ruinously drunk over the course of a long New York night.

It helped that she was handed several indelible scenes, one of which Graynor's Caroline hunched

"She's tremendous, and I think people are going to fall in love with her."

Peter Sollett

over a filthy toilet in the Port Authority Bus Terminal, retrieving a piece of chewed gum that's a cross between her talisman and security blanket — will become her clip reel highlight if she decides to ride this sudden flare of notoriety into a bigger career.

ety into a bigger career.
Nick and Norah director
Peter Sollett gives her credit for fleshing out the character of Caroline on the
spot during the film's location shoot, and describes
one loopy but wildly endearing scene Graynor
plays with character actor
Kevin Corrigan.

"She's tremendous, and I think people are going to fall in love with her, and she's an incredible improvisational actress. There are scenes in the film that she invented, like the turkey sandwich scene was not in the script.

"Kevin Corrigan was into music and New York kind of movies, and we didn't have a scene for him, but he showed up and we had the Port Authority for the night. He said he didn't want to speak — it was very challenging. So it was up to Ari to carry the scene and invent something that could be a standalone."

"I have a lot of love for Caroline." Graynor insists, "and I don't have a lot of judgment for her because it's a night and a situation that everyone has found themselves in at some point.

point.
"I think that she's smart

and she loves her friends and she's insecure and needy and I think she's like everybody else. And techni-

And technically these situations are a little dangerous, but I think she's smarter than she appears to be.

"Aside from my own few college experiences to draw on," Graynor says, describing how she prepared for the role, "I actually got a little method-y and I had my boyfriend and friend videotape me getting drunk before we started shooting so that I could watch the progression. Because I wanted to have as many levels as you can.

"I know it sounds ridiculous, but ... it's the big comedic moment, so you've got to go for it ... But to try and keep it grounded I wanted to see how ridiculous I was when drunk, and frankly, I learned that I'm pretty ridiculous."

Nick and Norah's Infinite Playlist opens tomorrow.

Judge criticizes Stone's parenting

IN COURT Sharon Stone has so overreacted to her eightyear-old son's health issues that she suggested he get a Botox treatment for his smelly feet, according to the judge in the actress' custody case.

In Superior Court papers, the judge also added that Stone "delegates many of her parenting responsibilities to third parties" and has "simply refused" to participate in counselling unless her

"schedule is accommodated and her demands are met," People.com reports.

"Such conduct on the part of any parent ... is unacceptable and does not serve the child's best interest," the San Francisco judge has written in the document, which is a tentative statement on the actress's motion to modify custody.

The judge has turned down Stone's request to move her son Roan to Los

Angeles, where she lives, from his father Phil Bronstein's home in San Francisco.

The actress is allowed visitation time with the child, getting some weekends and holidays.

Stone's representatives are currently declining to comment.

Bronstein, 57, and Stone, 50, married in 1998. They adopted Roan in 1997 and divorced in 2004.

METRO NEWS SERVICES

Loved ones bid Newman farewell

PEOPLE Acclaimed actor Paul Newman was cremated after a private funeral service near his home in Westport, Conn., on Monday, femalefirst.co.uk reports. The late actor's close

The late actor's close friends and family congregated in the town to mourn and celebrate his life.

The movie legend died of cancer on Friday at the age of 83.

METRO NEWS SERVICES



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24 just on TV for now. Sutherland says

Actor Kiefer Sutherland fears fans of his TV series 24 will have to wait several years for a big-screen adaptation of the hit show. He admits a movie version of the series won't get the green light until the TV show has been wrapped up. IMDB.COM

Partridge Family return in the works

COME ON GET HAPPY: As

if a looming recession and an energy crisis weren't enough, TV is hell-bent on bringing back the '70s with its worst prime-time lineup in decades, and now there's this little shudderinducing harbinger of things to come — the Partridge Family is coming

According to the Hollywood Reporter, NBC has signed on for a remake of the sitcom that ran on ABC from 1970 to 1974, to be written by Jeff Rake, of Cashmere Mafia, Bones and Boston Legal fame. Rake calls himself a fan of the original show, but told the Reporter he intends to "turn the premise on its head.

"In the original, the kids

IntelleVision



actually recruited their mom to front the band, which I can't see happening in any family on this planet," Take said. "The new version will reflect what seems to me to be the more realistic family band scenario these days: a struggling, sort of well-meaning mom pimping her kids in order to create wholesome-slash-sexy cash cow."

Sounds edifying. I've been down this road once



Celebrity chef Jamie Oliver's new show follows his launch of a restaurant in Melbourne, Australia.

before, kids, and it only leads to a herpes epidemic and power ballads. Stop the madness now.

TV DINNER: The Food Net-

work has an unusually strong slate of new shows this fall, and the best aren't necessarily helmed by blue chip celebrity

Their daytime programming has been livened up by the premiere today of Everyday Exotic, starring Toronto chef Roger Mooking. You might remember Mooking as one third of Bass Is Base, the late '90s dance combo, and he hosts the show with an ingratiating energy that will hopefully relax a bit with time.

Daytime cooking shows are a lot more mundane than their prime-time counterparts — there's a lot less flash and drama, and a lot more chopping and sautéing.

Mooking does a lot more than just tell distracted housewives and househusbands how to spice up their vodka penne, and in addition to showing off impressive

skills, he actually features a few really useful techniques and ingredients.

Jamie Oliver isn't as overexposed as Gordon Ramsay over here mostly because he's not on network primetime, but he's adding another addition to his capacious TV brand with Jamie's Kitchen Australia, which follows Oliver at a considerable distance - as he launches another one of his Fifteen restaurants staffed with marginalized kids in Melbourne. As with the previous incarnation, there's a little bit of cooking and a lot of despairing over the sorry state of youth.

> Rick McGinnis writes about music, movies, books and television, but not opera.

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critics'corner—

The Nature of Things Columbus was looking for India. The folks who created Viagra were looking for a high-blood-pressure treatment. In the season premiere, "Gone Sideways, nost David Suzuki surveys a number of discoveries and preakthroughs that happened by accident, including some revolutionary cures for diseases and the invention of the X-ray nachine. 8 PM on 8 CBC



<mark>Jgly Betty</mark> Vilhelmina (Vanessa Williams), prepping her first issue of the nagazine as editor, tries to lure Betty (America Ferrera) over to he dark side by offering her a ob at Mode as her assistant. Daniel (Eric Mabius) discovers ne faces a custody battle if he vants to keep Daniel Jr. (Julian le la Celle) in the U.S., and Hilda's (Ana Ortiz) illicit romance vith Coach Diaz (Eddie Cibrian) neats up in the new episode "Filng For the Enemy." 8 PM on 20 ABC 15 CITY

Phish reuniting for March shows

MUSIC The hints came in various formats, but it's now official. After more than four years, Phish, the Vermont-born quartet with a loyal fan following, will return to the concert stage this March in Virginia.

The band yesterday on its website, confirmed the reunion concerts this coming March 6, 7, and 8 in Hampton, Va., and posted a page addressing what is expected to be strong demand for tickets.

Phish built its reputation in the 1990s mostly for its live shows jamming in a free-form style of rock 'n' roll often compared to the Grateful Dead, which also enjoyed a strong cult-following over its history dating back to the 1960s. REUTERS

In **brief**

MUSIC Paul McCartney is returning to his Fireman alias after a decade away from the musical collaboration with producer Youth. McCartney will release Electric Arguments by the Fireman on Nov. 17 via MPL, an imprint of his Londonbased publishing company. The 13-track album will be manufactured and distributed by U.K. indie One Little Indian worldwide except in the U.S., where ATO will issue it. REUTERS





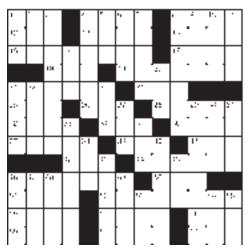






entertainment 21

Take Five



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	5		8			1		
2			9					5
		8		7	3			6
		7		4	2			9
3			7	1		2		
6			4	5		9		
8					6			1
		9			8		7	

Crossword across

1 "Angela's Ashes" sequel 4 Spencer of "The Insider" 8 Junk e-mail 12 Commotion 13 Rainbow 14 Radius neighbor 15 Video-game controller 17 Night light? 18 Perch 19 Scopolamine

24 Coloring agent 25 Cassowary look-alike 26 Wardrobe malfunction 28 Plotters' group 32 Rocking Jagger 34 Awkward guy 36 Oliver Twist's request

37 Trusty horse 39 "— the Dog" 41 Favorable vote 42 Take to court 44 Powerful star-

like object 46 Subterfuge 50 Biz letterhead abbr. 51 Perjurer 52 Buzz Lightvear's movie 56 Land measure 57 Curved molding 58 Guitar's kin 59 Holler

60 Defeat 61 Heavy weight

Recipe of the day

Crossword down

1 — Mahal

21 Put one over

source

2 Altar affirmative 3 Chinese food condiment 4 Type of bug?

5 Jackie's second hubby 6 Affluent

7 Requested 8 Ray from Ra?

9 "Not guilty," e.g. 10 Uncredited in "Bartlett's" 11 Lion's pride 16 Pack quantity

20 Big Apple letters 21 Fixes a skirt 22 Leave out 23 God, in Italian

27 Manhandle

29 Merit-badge earner 30 Vicinity

31 Mad Shakespearean king

33 Variety of falcon 35 Website info format

38 Pavable 40 Masks

43 Praise to the skies

45 Pismire

46 Stage show 47 Houston university

48 Count counterpart 49 African republic

53 "Certainly"

54 Old movie-house letters

55 Longing

INGREDIENTS: 1 lb (500 g) russet potatoes, cut

Frittata

Spinach and Potato

into 1/2-in. (1-cm) cubes 3 cups (750 mL) baby spinach leaves, trimmed of stalks

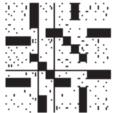
1 tbsp (15 mL) olive oil 1 red pepper, quartered, seeded and thinly sliced 5–6 scallions, thinly sliced

3 eaa whites 2 whole eggs

2 tbsp (25 mL) Parmesan cheese

Salt and pepper

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	7	6	3	8	2	9	4	1
1	3	2	5	9	4	6	8	7
4	8	9	1	6	7	3	2	5
7	2	8	9	3	1	4	5	6
9	1	5	6	4	8	2	7	3
3	6	4	2	7	5	1	9	8
8	9	1	4	5	6	7	3	2
6	4	7	8	2	3	5	1	9
2	5	3	7	1	9	8	6	4

Find today's answers + play more games at metronews.ca

l	SUDOKU SOLVE TIME: Under 13 minGeniu
l	Under 13 minGeniu
l	13-17 minSchola

17-21 minSmar	t
21-25 minNot bac	l
25+ minKeep practising	J

METHOD:

1. Cook potatoes in boiling water until almost tender, 5 to 6 minutes. Place spinach in a steamer or colander over potatoes and cook until potatoes are tender and spinach has wilted, another 5 minutes. Drain potatoes. Press spinach with the back of a spoon to extract excess moisture, then chop.

2. Heat oil in a non-stick skillet. Add pepper slices and sauté over medium heat for 2 minutes. Stir in potatoes and scallions and continue cooking for 2 minutes. 3. Beat egg whites and whole eggs in a large bowl, season lightly with salt and pepper, and mix in spinach. With a slotted spoon, remove vegetables from skillet and add to egg mixture, leaving remaining oil in the pan. Stir egg and vegetables briefly to mix, then pour into skillet. Cover and cook, without stirring, until omelette is almost set but still a little soft on top, about 6 minutes. Preheat broiler. 4. Dust frittata with Parmesan and place under broiler. Cook until browned and puffed around edges, 3 to 4 minutes. Cut into quarters or wedges and serve.

SERVES 6

rd.ca

For nutritional infor mation on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on



AVATAR VENUS

Horoscopes

ARIES MARCH 21-APRIL 20

A rebel spirit is essential to your needs. An honest person will find a balance. Something exciting will happen.

LIBRA SEPT 23-OCT 23

An unusual event can become enjoyable. A whiner wants to use you for sympathy. Pride causes someone to have a bad day.

TAURUS

APRIL 21-MAY 21

A magnetic person becomes a casualty of love. An idle chatterer accomplishes more than a feisty debater. Someone plays the fool

SCORPIO

OCT 24-NOV 22
Practice what you preach. A regrettable mistake follows a warning of danger. Come up with entertaining ideas for the

GEMINI

(g)

MAY 22-JUNE 21

You can play mind games in the right place. Your tyrannical side is a surprise to others. An injured party threatens to make a deal.

SAGITTARIUS NOV 23-DEC 21

A daydreamer has some brilliant ideas. Open your mind to unthinkable solutions. Toss aside your superstitions about

CANCER

JUNE 22-JULY 22 A secret reward raises your spirits. A lover's chat becomes scandal. Don't be heartless about a significant event.

CAPRICORN DEC 22-JAN 20

You'll get bogged down in endless blunders. Meet with people who can help you. You'll cast a suspicious glance at the stock market.

LEO JULY 23-AUG 23

Play nice with a wounded woman. An awesome stranger will come to your rescue. A clumsy girl is standing on shaky ground.

AQUARIUS

JAN 21-FEB 18
Good fun with your friends is exactly what you need. Give the impression that you control your life. Compassion leads to improvements.

VIRGO

AUG 24-SEPT 22

A disagreement is dissipated by timely laughter. A friend contributes to problem solving. The chance of a lifetime comes from a hard-working woman.

PISCES

You'll be trusted with a secret. It's not a good idea to bore anyone. Don't take troubled times personally.

WORDY GURDY



410 - 1111 0 001 1 1 200 MAIL 10 1030

This day in history

OCT. 2, 1535: Jacques Cartier discovers Montreal, Quebec.

OCT. 2, 1789: George Washington transmits the proposed Constitutional amendments (The United States Bill of Rights) to the States for ratification.

OCT. 2, 1924: The Geneva Protocol is adopted as a means to strengthen the League of Nations.

OCT. 2, 1950: Peanuts by Charles M. Schulz first published. OCT. 2, 1967: Thurgood Marshall is sworn in as the first African-American justice of United States Supreme Court. OCT. 2, 2001: The NATO backs U.S. military strikes, following 9/11.

METRO NEWS SERVICES



22 entertainment

Superman fans have succeeded in their bid to rebuild the house where the legendary character was first created by Jerry Siegel in Cleveland, Ohio. IMDB.COM

Celebrity Buzz

DiCaprio wants to wed

RELATIONSHIPS Actor Leonardo DiCaprio wants to get married because he is keen to live a normal life, imdb.com reports.

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how to reduce your risk, visit www.cancer.ca

or call 1 888 939-3333.

www.folgerspink.ca

The 33-year-old star is reportedly sick of travelling the world and living on movie sets and confesses he would like to settle down and start a family to make him feel more grounded.

"What I definitely feel a need for is to make my life about more than just my career," he tells Parade magazine. "Just last night I was thinking to myself how little of my life has been lived normally and not spent on some far-off movie location. I want to get married and have chi ldren. In saying that, I realize I am contradicting everything I've said before. I absolutely believe in marriage."

METRO NEWS SERVICES

Paris changes her flight plans Gossip Paris Hilton has vowed never to set foot on another Learjet aircraft after her pals Travis Barker and Adam "DJ Am" Goldstein almost lost their lives in a plane crash last month, imdb.com reports. The socialite admits she

The socialite admits she occasionally flies to Las Vegas in the same type of plane Barker and Goldstein were onboard when it failed to clear an airport runway in South Carolina on Sept. 19.

celebrity brief

Four people died in the tragedy and the two stars were hospitalized with severe burn injuries.

News of the crash stunned Hilton, who was onboard a plane bound for Milan, Italy, at the time, and now she's rethinking her own travel plans.

"I couldn't believe it," she says. "I'm scared to go



Richie on the road again



LEGAL Socialite Nicole Richie is back behind the wheel a year after she was convicted of driving under the influence (DUI), imdb.com re-

The former Simple
Life star's license
was officially
changed from suspended to restricted on Sept.
19, according to

Los Angeles Department of Motor Vehicles records.

Richie served 82 minutes behind bars and had to undertake an 18-month antidui course after she was caught driving the wrong way down a freeway ramp road.

As a restricted licence holder, Richie can now use her car for work-related activities.

METRO NEWS SERVICES

Fox is officially a fox

POLL It's official: Megan Fox is hot, intouchweekly.com reports.

The actress tops Moviefone's list of the 25 Hottest Actors Under 25.

Actors Under 25.
"I honestly believe that Megan is here to stay," her director for the upcoming film How to Lose Friends & Alienate People, Robert Weide, said.

"She'll constantly surprise people by her range. Anyone who thinks she's just a pretty face is going to be surprised in the same way they were when Michelle Pfeiffer proved she really was an actress."

Other young stars making the list include Megan's Transformers costar Shia LaBeouf, Michael Cera, Dakota Fanning, Emma Watson, Zac Efron, Miley Cyrus, Blake Lively and Keira Knightley.

METRO NEWS SERVICES



GOSSIP Mark Wahlberg and his fiancée Rhea Durham have named their newborn baby son Brendan Joseph, imdb.com reports.

The baby was born on Sept. 16 and joins siblings Ella Rae, five, and Michael, two.

It's a busy time for the Wahlberg clan. America's Life + Style magazine has just revealed the family is

moving.
Wahlberg has put his
Beverly Hills home on the
market for \$15.9 million
US — more than \$10 million more than the price



Mills 'at peace' following bitter divorce HEALTH Heather Mills is "at peace" following her bitter divorce and McCartney's four tendivorce battle from Sir verseld daughter. Best

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HEALTH Heather Mills is "at peace" following her bitter divorce battle from Sir Paul McCartney, femalefirst.co.uk reports.

The charity campaigner is attempting to put her troubled year behind her and is concentrating on her charity work.

"I'm in a really good place at the moment," she says.
"I'm really at peace. I've spent a lot of time healing. It's

"I'm really at peace. I've spent a lot of time healing. It's been a very, very difficult time, the hardest ever, but I now want the chance to focus on charity and continue my work with the causes I really care about.

Mills also revealed her and McCartney's fouryear-old daughter Beatrice has helped her get through the difficult period.

"Beatrice is the light of my life, an absolute joy," she added to Britain's Hello magazine.

"I think when you have a child later in life, you appreciate it even more. I think on top of having lost so many — I had six miscarriages and two ectopic pregnancies — you really, really appreciate it.

"I was considering adoption, all sorts of things, nine years ago before I met her father."

METRO NEWS



Twilight author Stephenie Meyer has directed her first music video for alt-rock band Jack's Mannequin's single The Resolution. It was shot in Malibu, Calif. PEOPLE.COM

entertainment 23

Celebrity Buzz

Craig crashes celebration



EBRITY James Bond Daniel Craig found himself the centre of attention at a recent New York baptism celebration, when he wandered into the party's venue after hearing the sound bagpipes, imdb.com re-

ports. The actor, who is currently in the Big

Apple promoting the new upcoming movie Quantum of Solace, stumbled upon the event when he entered Nichols restaurant in East Hampton on Saturday, according to the New York Post's gossip column Page-

"He walked in and ended up holding the baby and posing for photos," a source tells the publica-tion. "He loves the Hamptons and has been spending a lot of time out there."

METRO NEWS SERVICES

Cattrall lends voice to GPS

Kim Cattrall is the new voice of TomTom navigadevices, femalefirst.co.uk reports.

The actress will provide directions to owners of the GPS devices, it has been revealed.

As well as providing standard instructions, Cattrall will also say lines including, "This is the city, darling. Anything goes!" and "Don't touch my Manolos!"

A spokesperson for TomTom said, "The idea is to add some spice to the ride, allowing drivers a fun and unforgettable journey.' Iocelvn



one of the many features TomTom offers to our customers to personalize their driving experience. With Kim Cattrall's voice helping them to navigate their trip, TomTom customers will not only travel safely and with less stress but will also be amused along

Cattrall's voice will not come as standard on the machines, and interested users will have to pay \$12.95 US to download the special feature.

METRO NEWS SERVICES

Parker close to onscreen son

Weeds star Mary-louise Parker has heaped praise on her onscreen offspring Hunter Parrish, confessing she hopes her real-life son grows up like imdb.com reports.

Parker has a four-year-old son, William, with former partner Billy Crudup, and adopted her daughter Ash last year.

'Hunter is friendly and positive, Hunter wants harmony. I want my son to be

like Hunter. He's just good, and it's not fake or artificial." Parker tells USA To-

day newspaper. Parker has also welcomed Parrish into her offscreen family, inviting him to spend annual holidays at her home.

"We text each other. He spent Thanksgiving at my house, he comes every

> METRO NEWS SERVICES



celebrity brief

Jessica Simpson to marry again?

GOSSIP Looks like singer Jessica Simpson and her football player boyfriend Tony Romo may be exchanging "I dos," TMZ.com reports.

The couple were recently spotted in a Neiman Marcus department store in Dallas, Tex., recently, reports the Chicago Sun-Times, and they were on the hunt for "big sparklers." Simpson and Romo are reportedly

already talking abouť a winter wedding, though "well after" the Super NEWS SERVICES

Dita blasts nip and no-tell celebrities

GOSSIP Dita Von Teese has blasted celebrities who don't admit to having plastic surgery, femalefirst.co.uk reports. The burlesque dancer, who previously admitted she had her breasts cosmetically enhanced when she was younger, says any famous person who has gone under the surgeon's knife should

open about their decision. 'It's no secret that I had my breasts done," she says. "I will never apologize for having it done. I just wish

have the courage to be

celebrities admitted to it." METRO NEWS

Crowe bulks up for role

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Clooney has no Batman regrets

FILM Actor George Clooney has no regrets over his appearance as comic book hero Batman, insisting the poorly-received movie shot to superstardom,

imdb.com reports. The former ER star landed the lead role in Batman and Robin and despite the movie's commercial success. it was universally panned by critics But Clooney insists that

though

rassed by his poor performance in the movie, he is adamant playing the caped crusader helped raise his profile in the act-

ing world.
"I don't regret anything. With hindsight it's easy to look back at Batman and go, 'Woah! that was really s—t, and I was really bad in it,'" he says. "The truth Batman is still the biggest break I ever had. It changed my career. I wouldn't be doing this now if it hadn't

SERVICES

been for Bat-

FILM Russell Crowe has revealed that he packed on 63 extra pounds for his role in Ridley Scott's new sus-

pense thriller Body of Lies, People.com reports. The actor says bulking

up was a pleasure. "I'll have that cheese burger for breakfast, thank you!" he jokes of his attitude toward the weight

Though Crowe been has known in the past for his affinity to his native Australian

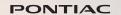
VB beer, he says he avoided drinking as a way of gain-ing weight because of his boys, Charlie, 4, and Tennyson, 2. "The drinking thing has sort of taken a different place in my life since I had kids," Crowe

ays. "There are a whole lot of things I don't do anymore because it affects my level of patience. I [≢]don't want to be in that place where I'm exasperated with these beautiful children.'

METRO NEWS SERVICES

purchase of 2009 Pontiac Ville 15M, 47% purchase Trianding analiable for 60/72 months available on 2009 Pontiac Villes Coupe or Sedan XFE 15P. Franching available on approved GMAC credit only purchase of 2009 Pontiac Villes (150 of 2014) and 150 of 2014 or 150 on a purchase price of \$14,895 with \$91 down payment •Ofter applies to the cash purchase of 2009 Pontiac G3 Wave 5-door 19M. Cash purchase price reflects discounts. I lonnes, insurance, registration, PPSA, administration less and taxes are not included. Ofters apply as indicated to the purchase of 2009 new or demonstrator models of the For the latest information, visit us at gm.ca, call 1-800-GMDRIVE or visit your local Pontiac Buick GMC dealer. Onerapples to the Downing will vary depending on amount bornwed and down parmenthate. Example: 510,000 at 03-00-64.171% to 60/7272 month 1SP based o 125/\$1,125), I





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